PRE-ENTRANCE HEALTH PACKET

THIS HEALTH INFORMATION IS REQUIRED OF ALL NEW STUDENTS.

**

Failure to return this completed packet will prevent a student from registering for classes and accessing grades.

**

ATTENTION STUDENT-ATHLETES: This packet also contains REQUIRED Student-Athlete forms.

**

Failure to return these forms will prevent a student-athlete from participating in ALL athletic activities.

**
Congratulations on your acceptance to The University of Virginia’s College at Wise. Prior to your enrollment, information about your health and immunization status is required by Virginia law and College policy to be submitted to Health Services in the UVa-Wise Center for Student Development.

Please use the checklist below to ensure that all necessary items for your Pre-Entrance Health Packet have been completed and are included. Your completed Pre-Entrance Health Packet must be submitted to Health Services in the UVa-Wise Center for Student Development by 5 pm on August 1 for students entering in the fall semester and by 5 pm on January 2 for students entering in the spring semester.

**ALL STUDENTS, INCLUDING STUDENT-ATHLETES:**

- Complete the *Pre-Entrance Health Record* (pp. 1-4), including:
  - general and current health information (p. 1-2)
  - release of medical information and/or medical consent for minor students (p. 2)
  - up-to-date immunization/screening information with signature of health professional (pp. 3-4)
  - full insurance information, including signature of policyholder/carrier AND copy of card (front/back) (p. 4)
  - student signature (p. 4)
  - legal guardian signature for minor students (p. 4)

- Records (or appropriate waiver forms, p. 5) for required additional immunizations and screenings for both Hepatitis B and Meningococcal Disease

- Retain a copy of all forms for your records.

**STUDENT-ATHLETES ONLY**

In addition to the Pre-Entrance Health Packet, student-athletes must also:

- Complete the *Athletics Medical History Form* (p. 6)

- Complete the *Athletics Pre-Participation Physical Evaluation* (p. 7)

- Retain a copy of all forms for your records.

*NOTE: Look for additional athletics forms via email through ARMS from the Athletic Training Department.*

Please return the completed Packet (AND, if a student-athlete, the Student-Athlete Participation forms) to Health Services at the address or fax number below. Please **DO NOT ENCLOSE IT WITH OTHER COLLEGE CORRESPONDENCE** to ensure that it reaches Health Services in a timely manner.

**UVa-Wise Center for Student Development**

1 College Avenue
Wise VA 24293
FAX 276-376-1056
Students: Please answer ALL questions (type or black ink only). This information will become part of your confidential health record accessible only to appropriate College personnel. Failure to complete and return this form to the above address by August 1 for fall semester (January 2 for spring semester) will prevent registration for classes.

**PERSONAL DATA**

Name ______________________________________________________ SSN xxx - xx - ___ ___ ___ (last four digits only)

Home Address______________________________________________________________________________________________

PO Box / Street Address

City __________________________ State __________________________ Zip Code __________________________

Telephone ( _______ ) _______ - _______ home; ( _______ ) _______ - _______ cell

Birthdate ___/___/____ Sex ☐ male ☐ female

**EMERGENCY CONTACTS**

*Please include at least one contact who does not live at your permanent residence.*

1. Name ______________________________________________________ Relationship __________________________

   Home Address__________________________________________________________________________________________

   PO Box / Street Address

   City __________________________ State __________________________ Zip Code __________________________

   Telephone ( _______ ) _______ - _______ home; ( _______ ) _______ - _______ work; ( _______ ) _______ - _______ cell

2. Name ______________________________________________________ Relationship __________________________

   Home Address__________________________________________________________________________________________

   PO Box / Street Address

   City __________________________ State __________________________ Zip Code __________________________

   Telephone ( _______ ) _______ - _______ home; ( _______ ) _______ - _______ work; ( _______ ) _______ - _______ cell

**CURRENT HEALTH INFORMATION**

Do you have any allergies? ☐ No ☐ Yes, please check applicable boxes below & specify in the space provided.

☐ Medications _____________________________________________ ☐ Insect venom __________________________

☐ Foods __________________________________________________☐ Pollens/dusts/molds __________________________

☐ Other ________________________________________________________________________________________________

Are you currently taking any medications (birth control, allergy, acne, etc.)? ☐ No ☐ Yes, please detail below.

Drug __________________________ / dose ______________________ / reason __________________________

Drug __________________________ / dose ______________________ / reason __________________________

Drug __________________________ / dose ______________________ / reason __________________________

Drug __________________________ / dose ______________________ / reason __________________________

Drug __________________________ / dose ______________________ / reason __________________________

Do you have any current, recent or past health problems, hospitalizations, surgeries, or injuries? ☐ No ☐ Yes, please detail below.
MENTAL HEALTH HISTORY

Please answer all questions. If “yes,” additional information required (medications, reasons for medications, dates, place/duration of treatment, etc.).

Have your academic and/or work activities ever been interrupted because of mental or emotional problems? ❑ No ❑ Yes, explain.

___________________________________________________________________________________________________________

Have you ever been treated with any medications for psychiatric reasons? ❑ No ❑ Yes, explain. __________________________________________

___________________________________________________________________________________________________________

Have you ever been hospitalized for mental or emotional problems? ❑ No ❑ Yes, explain. __________________________________________

___________________________________________________________________________________________________________

RELEASE OF MEDICAL INFORMATION

As a student of The University of Virginia's College at Wise, I realize that it is possible for a medical emergency to occur. Therefore, I am giving the Health Services nurse or his/her designee permission to release the medical information listed below to the appropriate officials (i.e. Residence Life staff and Campus Police). I understand that my records will be kept confidential at all times by these officials.

Please list medical conditions and/or allergies, including medication allergies: __________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

Please list medications that you are currently taking: _______________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

___________________________________________________________________________________________________________

Student: Name ___________________________ Signature _________________________ Date __________;

Parent/legal guardian of minor student: Name ___________________________ Signature _________________________ Date __________;

MEDICAL CONSENT FOR MINOR STUDENTS

I, the parent/legal guardian of ___________________________ (full student name), give permission for The Center for Student Development personnel of The University of Virginia’s College at Wise, the physician at the College’s designated health care provider, or his/her designee, and/or the Emergency Department personnel of College’s designated health care provider1 to provide medical assistance to my son/daughter who is under 18 years of age, and is therefore legally a minor. I also give you permission of contact the person listed below in the event that I cannot be reached.

Full name of parent/legal guardian _________________________ Relationship to student _________________________

Street Address/PO Box _________________________ City __________ State ______ Zip ______ Telephone (h) _______ / (w) _______

Parent/legal guardian signature _________________________ Date __________;

Emergency contact in the event parent/legal guardian noted above cannot be reached:

Full name ___________________________ Relationship to student ___________________________

Street Address/PO Box _________________________ City __________ State ______ Zip ______ Telephone (h) _______ / (w) _______

Parent/legal guardian signature _________________________ Date __________;

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1 The Center for Student Development may provide medical assistance, over-the-counter medication and/or personal counselor by a registered nurse and/or a licensed professional counselor. 2 Norton Community Hospital of Mountain States Health Alliance is the current UVa-Wise contracted health provider.
**THIS SECTION TO BE COMPLETED BY YOUR HEALTH CARE PROFESSIONAL**

**IMMUNIZATIONS / SCREENINGS**

The immunizations/screenings listed below are required by Virginia law. The signature of your health care professional MUST accompany this information.

A record of a Tuberculosis Screening is required for all students enrolled at The University of Virginia’s College at Wise. Students may submit the information in one of two ways: 1. have your health care professional complete and sign the appropriate section in “Other required immunizations & screenings” below OR 2. have your health care professional complete and sign the “Tuberculosis Screening” section below.

Please check the appropriate ONE box only:

- □ A copy of immunization/screening documentation with signature of my health care professional is attached; Tuberculosis Screening section must be completed by health care professional.

- □ Outlined below is my immunization/screening documentation; if TB test or screening listed was not completed within six months of enrollment, Tuberculosis Screening section must be completed by health care professional.

**Required childhood immunizations**

- **DPT (Diptheria/Pertussis/Tetanus) Series**
  Dates received: 1st_________; 2nd_________; 3rd_________; Booster__________

- **IPV/OPV (Polio) Series**
  Dates received: 1st_________; 2nd_________; 3rd_________; Booster__________

- **MMR (Measles/Mumps/Rubella) Series**
  Dates received: 1st_________; 2nd_________

Other required immunizations & screenings

- **Tuberculosis Screening**
  Must have received within 10 years of enrollment.
  Dates received: ____________

**Recommended immunizations**

- **Varicella (Chicken Pox) Vaccine**
  Based on guidelines from the American College Health Association (ACHA), this vaccination is recommended but not required. Consult your health care professional with questions.

  Varicella diagnosis date: ____________ OR Vaccine: □ Date received__________ □ Not taken

**HEALTH CARE PROFESSIONAL INFORMATION & SIGNATURE:**

Name __________________________ Telephone __________________________

Address __________________________________________________________________________________________

Signature __________________________ Date __________________________

**Complete this Tuberculosis Screening section ONLY if TB test or screening listed was not completed within six months of enrollment.**

**Tuberculosis Screening**

The American College Health Association has published guidelines on tuberculosis screening of college and university students. The University of Virginia’s College at Wise has adopted these guidelines based on recommendations from the Centers for Disease Control and the American Thoracic Society. For more information, visit www.acha.org, www.cdc.gov/tb, or refer to the CDC’s Core Curriculum on Tuberculosis available at state health departments.

1. Does the student have signs or symptoms of active TB disease?
   - □ NO...proceed to question 2
   - □ YES...proceed with additional evaluation to exclude active TB disease, including tuberculin skin testing, chest x-ray and sputum evaluation as indicated.
2. Is the student a member of a high-risk group\(^1\) or is the student entering the health profession?
   - [ ] NO...stop, no further evaluation is needed at this time; screening is complete.
   - [ ] YES...place tuberculin skin test (Mantoux only: Inject 0.1 ml of purified Protein derivative [PPD] tuberculin containing 5 tuberculin units [TU] intradermally into the volar (inner) surface of the forearm). A history of BCG vaccination should not preclude testing of a member of a high-risk group. If PPD is not placed, a chest x-ray is required (see #4 to record x-ray results).

3. Tuberculin Skin Test (must have been placed within six months prior to enrollment)
   - Date given: __________________ Date read: __________________
   - Result: __________________ (record actual mm of induration, transverse diameter; if no induration, write “0”).
   - Interpretation (based on mm of induration, as well as risk factors): [ ] negative [ ] positive

4. Chest x-ray (required if tuberculin skin test is positive or if PPD has not been placed for any reason; must have been performed within six months prior to enrollment)
   - Date of x-ray: __________________ Result: [ ] normal [ ] abnormal

\(^1\) Categories of high-risk include those students who have arrived within the past five (5) years from countries where TB is endemic. It is easier to identify countries of low rather than high TB prevalence. Therefore, student should undergo TB screening if they have arrived from countries EXCEPT those on the following list: Canada, Jamaica, Saint Kitts and Nevis, Saint Lucia (USA), Virgin Islands (USA), Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, Norway, San Marino, Sweden, Switzerland, United Kingdom, American Samoa, Australia, or New Zealand. Other categories of high-risk students include those with HIV infection; who inject drugs; who have resident risk group. If PPD is not placed, a chest x-ray is required (see #4 to record x-ray results).

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**HEALTH CARE PROFESSIONAL INFORMATION & SIGNATURE:**

Name __________________________ Telephone __________________________
Address __________________________________________________________________________________________
Signature __________________________ Date __________________________

***************END OF HEALTH CARE PROFESSIONAL SECTION****************

**INSURANCE INFORMATION**

All students are required to have health insurance — full information below and a copy of the card (front & back) must be on file. UVa-Wise does not offer coverage to students; it is the students’ responsibility to obtain coverage. Please contact your local insurance agencies to see if they provide coverage, or visit websites such as www.healthcaremarketplace.com and www.healthcare.gov for additional information.

Insurance Company: Name __________________________ Policy Number __________________________
Address __________________________ Group Number __________________________
City/State/Zip __________________________ Telephone __________________________

Policyholder: Name __________________________ Employer __________________________
Social Security Number __________________________ [ ] Required copy of card front & back enclosed

I hereby assign the benefits of my insurance policy to The University of Virginia’s College at Wise designated health care provider, as appropriate. I understand that I am responsible for all charges that are not paid by that policy. I authorize the release of information needed to my insurance company in order to consider payment of my claim for services rendered. I understand that this assignment and authorization will remain in effect indefinitely or until such time that I give written notice to the contrary.

Policyholder signature __________________________ Date __________________________

**STUDENT and/or PARENT/GUARDIAN SIGNATURE(S)**

My signature below indicates that the information provided on this Pre-Entrance Health Form is accurate and complete, and that all immunizations and required screenings/tests have been correctly and truthfully recorded. I also understand that my signature signifies permission for the release of medical information to appropriate College personnel.

Student signature (full name) __________________________ Date __________________________
Parent/guardian signature of a minor student (full name) __________________________ Date __________________________
WAIVER OF IMMUNIZATION AGAINST HEPATITIS B

The Code of Virginia (Chapter 340 23-7.5) requires that “All full time students, prior to enrollment in any public four year institution of higher education, shall be vaccinated against Hepatitis B.” Institutions of higher education must provide the student or the student’s parent or other legal representative detailed information on the risks associated with the Hepatitis B, and on the availability and effectiveness of any vaccine. The Code permits “the student or if the student is a minor, the student’s parent or the legal representative to sign a written waiver stating that he/she has received and reviewed the information on Hepatitis B and detailed information on the risks associated with the Hepatitis B and on the availability and the effectiveness of any vaccine, and has chosen not to be or not have the student vaccinated.”

I have read the Hepatitis B Frequently Asked Questions at www.cdc.gov/ncidod/diseases/hepatitis/b/faqb.htm, and reviewed the risks associated with the disease, including the effectiveness and availability of any vaccine against Hepatitis B.

I choose not to be vaccinated against Hepatitis B.

Student:
Name __________________________________ Signature ________________________________ Date __________
Date of birth _____________________________ Social security number (last 4 digits only): XXX - XX - ___ ___ ___ ___

Parent/legal guardian of minor student:
Name __________________________________ Signature ________________________________ Date __________

WAIVER OF IMMUNIZATION AGAINST MENINGOCOCCAL DISEASE

The Code of Virginia (Chapter 340 23-7.5) requires that “All full time students, prior to enrollment in any public four year institution of higher education, shall be vaccinated against Meningococcal Disease.” Institutions of higher education must provide the student or the student’s parent or other legal representative detailed information on the risks associated with the Meningococcal Disease, and on the availability and effectiveness of any vaccine. The Code permits “the student or if the student is a minor, the student’s parent or the legal representative to sign a written waiver stating that he/she has received and reviewed the information on Meningococcal Disease and detailed information on the risks associated with the Meningococcal Disease and on the availability and the effectiveness of any vaccine, and has chosen not to be or not have the student vaccinated.”

I have read the Meningococcal Disease Frequently Asked Questions at www.cdc.gov/meningitis/about/faq.html, and reviewed the risks associated with the disease, including the effectiveness and availability of any vaccine against Meningococcal Disease.

I choose not to be vaccinated against Meningococcal Disease.

Student:
Name __________________________________ Signature ________________________________ Date __________
Date of birth _____________________________ Social security number (last 4 digits only): XXX - XX - ___ ___ ___ ___

Parent/legal guardian of minor student:
Name __________________________________ Signature ________________________________ Date __________
STUDENT-ATHLETE MEDICAL HISTORY

Department of Athletics
The University of Virginia’s College at Wise
1 College Avenue • Wise, VA 24293-4412

PHONE 276-376-4591
FAX 276-376-1023
WEB www.uvawisecavs.com

Name ________________________________  Relationship ________________________________

Home Address ____________________________________________________________________________________________________

Year FR SO JR SR Sport __________________________ Phone ( ) ______ - _______ H; ( ) ______ - _______ C

Family Physician: Name ____________________________________________________________ Phone ( ) ______ - _______ C

In case of emergency contact:

Name __________________________________________________________

Phone ( ) ______ - _______ H; ( ) ______ - _______ W; ( ) ______ - _______ C

Explain any YES answers below:

1. Have you had a medical illness or injury since your last check up or sports physical? Y N
2. Do you have an ongoing or chronic illness? Y N
3. Have you ever been hospitalized overnight? Y N
4. Have you ever had surgery? Y N
5. Are you currently taking any prescription, non-prescription medications, pills or using an inhaler? Y N
6. Have you ever taken any supplements or vitamins to help gain/lose weight or improve performance? Y N
7. Do you have any allergies (pollen, medicine, food, bees, etc.)? Y N
8. Have you ever had a rash or hives develop during or after exercise? Y N
9. Have you ever passed out during or after exercise? Y N
10. Have you ever been dizzy during or after exercise? Y N
11. Have you ever had chest pain during or after exercise? Y N
12. Do you have any history of sickle cell anemia? Y N
13. Have you ever had a racing of your heart or skipped heartbeats? Y N
14. Have you ever had high blood pressure or high cholesterol? Y N
15. Have you ever been told that you have a heart murmur? Y N
16. Has anyone in your family died of heart problems or a sudden death prior to age 50? Y N
17. Have you had a severe viral infection (mononucleosis) in the last month? Y N
18. Do you have any current skin problems (itching, rash, acne, etc.)? Y N
19. Have you ever had a head injury or concussion? Y N
20. Have you ever lost consciousness? Y N
21. Do you have frequent or severe headaches? Y N
22. Have you ever had a seizure? Y N
23. Have you ever had numbness, tingling in your arms, hands, legs, or feet? Y N
24. Have you ever had a stinger, burn or pinched nerve? Y N
25. Have you ever become ill from exercising in the heat? Y N
26. Have you ever been dizzy or passed out in the heat? Y N
27. Do you cough, wheeze, have trouble breathing during/after activity? Y N
28. Do you have asthma? Y N
29. Do you have seasonal allergies requiring medical treatment? Y N
30. Do you use any protective or corrective devices (braces, orthotics, hearing aid, etc.)? Y N
31. Have you had any problems with your eyes/vision? Y N
32. Do you wear glasses, contacts, or protective eyewear? Y N
33. Have you ever had a sprain, strain, swelling after injury? Y N
34. Have you broken/fractured a bone or dislocated a joint? Y N
35. Have you had any other problems with pain or swelling in muscles, tendons, bones or joints? Y N
36. If YES, circle and explain below:
   head      neck      back      chest      shoulder
   elbow      forearm      wrist      hand      finger
   hip      thigh      knee      shin/calf      ankle/foot

37. Do you want to weigh more than you do now? Y N
38. Do you lose weight regularly to meet requirements for your sport? Y N
39. Have your athletic activities ever been interrupted because of mental or emotional problems? Y N
40. Do you feel stressed out? Y N

   FEMALES ONLY:

41. When was your first menstrual period? _____________
42. When was your most recent menstrual period? _____________
   How much time from the start of one period to the start of another? _____________
43. How many periods did you have in the past year? _____________
44. What was longest time between periods in last year? _____________

PLEASE EXPLAIN "YES" ANSWERS (List by question #):

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

I hereby state that, to the best of my knowledge, my information and answers to the above questions are complete and correct. I understand that my records will be destroyed five (5) years after completion of athletic participation.

Student signature ___________________________________________          Date ____________________________
PRE-PARTICIPATION PHYSICAL EVALUATION for STUDENT-ATHLETES

Department of Athletics
The University of Virginia’s College at Wise
1 College Avenue • Wise, VA 24293-4412

PHONE 276-376-4591
FAX 276-376-1023
WEB www.uvawisecavs.com

STUDENT-ATHLETE
Name ___________________________________________ Date of Birth ____ / ____ / ____
 Last First Middle

**************THIS SECTION TO BE COMPLETED BY YOUR HEALTH CARE PROFESSIONAL**************

PHYSICAL EVALUATION
Height ___________ Weight ___________ Pulse ___________ BP ____ / ____ Respiratory ( )__________
Vision R 20/_______; L 20/_______ Corrected: Y N Pupils: equal unequal

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CLEARANCE
☐ Cleared
☐ Cleared after completing evaluation/rehabilitation: ______________________________________________________________

☐ Not cleared for this reason: ______________________________________________________________

☐ Recommendation(s):

______________________________________________________________

______________________________________________________________

PHYSICIAN
Print name ___________________________________________ Phone ( ) ______________________
Address ________________________________________________
Signature _________________________________________________ MD DO Date ____________