



EDU C493-50

Empowering Student Achievement with a Growth Mindset

Center for Teaching Excellence

University of Virginia's College at Wise

Instructor: Chelsea Lee
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Office Hours: By Appointment
Grading: 3 hour undergraduate college credit

- I. Course Description:
The class is designed to study and examine how a growth mindset can increase engagement, improve results, and inspire students in the classroom.

- II. Course Aims and Objectives:
 - a. Aims: Students in the course should be able to:
 - i. Understand the difference between a fixed mindset and a growth mindset
 - ii. Implement growth mindset practices through research-based activities and creative lessons
 - iii. Understand how a growth mindset can produce higher test scores, improved grades, and more in-class involvement
 - iv. Research various methods to improve professional teaching
 - b. Specific Learning Objectives:
By the end of the course, students will:
 - i. Understand using a growth mindset along with strong pedagogy and curriculum can produce great outcomes in student achievement